



WINGSPAN

132D WING MONTHLY REPORT

HONORING THE LEGACY OF PEARL HARBOR

On December 7, 1941, the tranquility of a Sunday morning at Pearl Harbor was shattered by a surprise attack from Imperial Japan, leaving over 2,400 Americans dead and hundreds more wounded. This unprovoked assault on the U.S. Pacific Fleet not only marked one of the darkest days in American history but also became a defining moment for our military and our nation. It galvanized the United States to enter World War II, turning the tide of global conflict and reshaping the course of history.

For the military community, Pearl Harbor is more than a historical event—it is a solemn reminder of the courage, sacrifice, and resilience of those who serve. The bravery of the sailors, soldiers, and airmen who defended their comrades that day exemplifies the highest ideals of military service. Their actions remind us of the enduring importance of vigilance and readiness in the face of unforeseen threats.

Each year, we pause to honor the memory of those who perished, as well as the survivors who carried the torch of their legacy. As we reflect on this day, let us recommit ourselves to upholding the freedoms secured by their sacrifice and ensuring that such sacrifices are never forgotten.



Commander Update



by Col. Travis Crawmer
132d Wing commander



As we approach the holiday season, I want to take a moment to address a critical issue that affects us all: the well-being and resilience of our Airmen. In light of the multiple suicides we've experienced in our wing over the past five years, our leadership team has been working closely with subject matter experts from Headquarters Air Force, Integrated Resilience (HAF/A1Z) to identify ways to enhance our support systems and reduce suicide risk.

As a result of these efforts, a team of experts led by Lt. Col. Chris Button, Ph.D., will be visiting our wing over drill weekend in December (5-8 December). This team has a proven track record of providing valuable insights and recommendations to units across the Air Force, and we're honored to be the first Air National Guard installation to benefit from their expertise.

The purpose of this site visit is to identify factors that may detract from quality of life and/or facilitate suicide risk, as well as those that enhance quality of life and safeguard against suicide risk. The team will conduct focus groups with key personnel, units, agencies, and demographic groups to gain a deeper understanding of our installation, mission, challenges, and strengths.

I want to emphasize that this site visit is not an inspection or investigation. The team will not be seeking to determine why any individual died by suicide, nor will they be conducting a review of individual cases. Instead, their focus will be on providing recommendations for suicide prevention, intervention, and postvention at various levels of responsibility.

Participation in the focus groups is voluntary, but I highly encourage all Airmen who are interested in sharing their perspectives to participate. Please be assured that your participation will be kept confidential and non-attributional, meaning that your comments and feedback will not be linked to your identity. This safe and supportive environment will allow you to openly share your thoughts and concerns, helping us to better understand our wing's strengths and challenges.

This site visit is a critical step in our ongoing efforts to support the well-being and resilience of our Airmen. I'm committed to ensuring that every Airman has access to the resources and support they need to thrive, both on and off duty. I'm confident that the recommendations and insights provided by this team will help us to better serve our Airmen and reduce the risk of suicide in our community.

As we enter the holiday season, I want to remind everyone that this time of year can be challenging for some of us. The pressures of family, friends, and festivities can be overwhelming, and for those who are struggling with stress or depression, it can be a particularly difficult time. I urge all of you to be mindful of your fellow Airmen and to look out for one another. If you know someone who is struggling, please reach out to them and offer your support. And if you yourself are struggling, please don't hesitate to seek help. There are resources available to you, and I encourage you to take advantage of them.

If you're in need of support, you can reach out to our wing's chaplain, mental health professionals, or the Military Crisis Line (1-800-273-TALK (8255)). You can also text the Crisis Text Line at 741741 to connect with a trained crisis counselor.

Thank you for your service and dedication. Let's work together to build a stronger, more resilient wing. Have a great drill.

Finding Purpose in the Small Things



by Ch. Andrew Mahoney
132d Wing Chaplain



1.) Write out things you are thankful for

- Believe it or not, just like making your bed in the morning, the discipline of expressing thanks and gratitude in tangible ways is what is best for you. Don't just think it. Say it! This spiritual discipline will grow you in unexpected ways, and unlock pathways previously unavailable to you because people like being around grateful people.

2.) Manage expectations

- We all have those people in our families that push us to our breaking points. Think through those interaction ahead of time and create a plan for when things might get awkward. Anticipate the political statement that riles you up or the revisionist history that brings back old wounds and think through how you can respond in a thankful and loving way. Many times these people are just looking for a reaction out of you.

3.) Eat less, love more

- Instead of gorging on turkey legs and spiral ham with yams and stuffing. Stuff your family and friends with love. Say things like, "I'm so glad you're here!" and "You're a great dad!" Do the dishes when no one is looking. Volunteer to watch the kids so your significant other can reconnect with family they see once a year. There is a million ways to say I love you besides using words. You would be surprised how a simple act of love can make the holidays better for everyone.

4.) Try something new

- If everyone is tired of dried out turkey, try something new. Maybe a rack of ribs or pulled pork might be on the menu. Sure it's not tradition, but by stepping out and trying something new a new tradition can form. What is new is old and what is old is new. A large part of my growth comes from spiritual renewal. In renewal I challenge old beliefs and traditions and replace what needs to be replaced with something new. A growing spirituality never stops learning.

5.) Seek reconciliation

- You and I over the course of the year have done things and said things unworthy of repeating. Where we have hurt people, whenever possible, seek to be reconciled to them. This means an acknowledgment of the harm we have caused them, genuine sorrow, and a promise to be better in the present and future. If done in the right spirit, reconciliation is possible, and you have gained the world with your restored relationship. Spiritual growth comes through the humility of reconciliation.



ARRIVALS

Lt Col	Eschliman, Anthony	132 MSG	24-Sep-24
Capt	Masin, Joshua	132 CTS	4-Nov-24
2 Lt	Delgado Lopez, Francisco	132 OG	8-Nov-24
SMSgt	Spradlin, Anthony	132 LRS	30-Nov-24
TSgt	Fleming, Justin	132 OG	24-Nov-24
TSgt	Gingras, Ethan	132 OSS	2-Nov-24
TSgt	Haines, Keegan	132 CTS	8-Nov-24
TSgt	Johnson, Alexander	132 LRS	15-Nov-24
TSgt	Nihols, Maggie	168 COS	4-Dec-24
TSgt	Wostrel, Mitchell	232 IS	22-Nov-24
TSgt	Zielke, Spencer	132 MDG	2-Dec-24
SSgt	Grimes, Michael	132 OSS	20-Nov-24
SSgt	Wynstra, Caleb	132 FSS	3-Nov-24
SrA	Teachout, Seth	233 IS	30-Oct-24
A1C	Langer, Bethany	233 IS	29-Oct-24
Amn	Scroggins, Carson	124 ATKs	10-Oct-24
Amn	Westphal, Cole	124 ATKs	1-Dec-24
AB	McGee, Elisha	232 IS	29-Oct-24

DEPARTURES

Lt Col	Appel, Daniel	132 OG	30-Nov-24
SMSgt	Fulton, Chad	132 SFS	1-Nov-24
MSgt	Alvarez, Rafael	132 CES	6-Dec-24
MSgt	Flinn, William	132 SFS	2-Nov-24
MSgt	Jenson, Dylan	132 OSS	2-Dec-24
MSgt	McKibben, James	233 IS	6-Dec-24
MSgt	Vogel, Douglas	132 CES	5-Dec-24
SSgt	Dzaferagic, Samir	132 FSS	14-Oct-24
SSgt	Jenkins, Deonte	132 FSS	25-Sep-24
SSgt	Masteller, Nicole	132 LRS	27-Nov-24
SrA	Eaton, Lochlan	132 CPTF	31-Oct-24
A1C	Berg, Griffin	132 FSS	9-Oct-24

PROMOTIONS

CMSgt	Tremmel, Gregory	168 COS	1-Dec-24
TSgt	Blackman, Perry	132 LRS	15-Nov-24
TSgt	Brink, Colby	132 CS	1-Dec-24
TSgt	Tigner, Braden	132 SFS	15-Nov-24
SSgt	Grote, Ethan	132 OG	1-Dec-24
SSgt	McGhee, Mason	233 IS	15-Nov-24
SSgt	Rewerts, Travis	132 SFS	15-Nov-24
SrA	Nodine, Carson	132 ISRG	15-Nov-24
SrA	Roering, Zachary	124 ATKs	15-Nov-24

Iowa Referral Bonus



Col. STANLEY KOWALCZYK
IANG Director of Staff

We're excited to launch the Iowa National Guard Referral Incentive Program. This state funded initiative provides \$1,000 to individuals who provide a lead to enlistment. Eligibility includes current members of the IANG in the ranks of E1 - 05, IANG retirees of any rank, former members of the IANG any rank, and current Iowa Department of Defense State employees.

This program leverages the Iowa National Guard app which can be accessed via the attached QR code. The process is very streamlined, with leads submitted and adjudicated directly through the app.

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IOWA NATIONAL GUARD

1 Scan QR to Download the Iowa National Guard App.

2 Click the IRIP Icon on the App's Dashboard

3 Click the Army or Air icon and Submit Lead Info.

4 A recruiter from your organization will contact you shortly!

**REFER A FRIEND
GET \$1,000**

(AFTER THEY ENLIST, SUBJECT TO FUNDING)

Earn \$1000 when you refer an individual that enlists. The Iowa Recruiter Incentive Program (IRIP) incentivizes current, former, and retired Air or Army National Guard members. Help us build the Iowa National Guard and choose the people with whom you serve!

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This is not U.S. Currency

Preventive Law Tip - Smart Holiday Spending



Master Sgt. Kirk Elmquist
132d Wing Legal Office

It's the holiday season and over the next few weeks, unlike Ebenezer Scrooge, many of us will part with our hard-earned dollars as we buy our way through the holidays. On average, Americans spend approximately \$1,000 on Christmas each year. But it is not only retailers who want your money. Unfortunately, the holiday season is also a ripe time for consumer fraudsters, scammers, and the "Wet Bandits" who are also actively working to get ahold of your dollars.

The Consumer Finance Protection Bureau (CFPB), the Federal Trade Commission (FTC), and many state attorneys general, Iowa for instance, provide guidance on how to avoid fraud, scams, and other holiday tomfoolery.

1. When buying online, use your credit card (you can dispute charges if need be), and be wary of sending money with payment apps (e.g. zelle, venmo, cashapp, etc.).
2. Only shop on reputable websites and protect your personal information when online.
3. Charity scams are abundant, don't give your personal or credit card information to someone who calls you. Visit the charity's website and request information in writing.
4. Watch out for fake email/text order confirmations - the links or attachments in the email may be a virus or direct you to disreputable or fake websites.
5. Be wary of package delivery scams - scammers send fake texts and emails purporting to come from USPS, UPS, or FedEx saying you missed a delivery, requesting you to call or click a link to provide personal data or financial information.



Status of Discipline

132d Wing Legal Office



- *TSgt received an LOC for Fitness Failure*
- *TSgt received an LOC for being Late to Work*
- *SSgt received an LOR for Unexcused Absence/Leaving Early*
- *SSgt recieved an LOC for being Late to Work*

Drill Weekend



LUNCH MENU

HOURS:
1100-1230 FRIDAY-
SATURDAY

0900-1030 SUNDAY

FRIDAY

- Grilled Cheese
- Individual Pizza
- Rice
- Veggies

SATURDAY

- Cajun Fried Catfish
- Chicken Cordon Bleu
- Mashed Potatoes w/gravy
- Peas
- Mixed Veggies
- Chopped Cheese
- Fries
- Cookies
- Cinnamon Rolls

SUNDAY (0900-1030)

- Biscuits and Gravy
- Scrambled Eggs
- Bacon
- Sausage
- Pancakes
- Breakfast Enchiladas
- Hashbrowns